

VIVA SPORTS Coed Football Rules

Viva Sports welcomes everyone.

In line with our community values, we promote an inclusive and respectful environment. Discrimination or harassment of any kind will not be tolerated.

Basic Rules

#1 Rule: Have Fun!

Minimum Squad Size:

- 8 players (recommended 10–12 total per team for substitutes)
- Minimum to Start a Game:
- 6 players
- Please arrive 15–20 minutes early
- to get changed, warmed up, and ready for kickoff.

Game Rules:

- Games are played 8v8 (including goalkeepers).
- Each match consists of two halves of 25 minutes with a short halftime break.
- No offside rule applies.
- Kick-ins replace throw-ins when the ball goes out on the sidelines.
- Corners and goal kicks follow standard football rules.
- Free kicks and penalty kicks apply as in regular football.
- Substitutions can be made at any time (rolling subs).
- All players must play fairly and respectfully — no slide tackling or aggressive play.
- In case of a draw, the match ends as a draw (no extra time or penalties in regular season).

Game Play:

- Teams are encouraged to rotate players regularly.
- The referee's decision is final.
- Players should wear shin guards and appropriate footwear (no metal studs).
- Lines are considered in play.
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Courtesy & Sportsmanship

We encourage everyone to support each other in maintaining a fun, active, and welcoming atmosphere. If your team has extra players on the sidelines, they can help retrieve balls to keep the game flowing smoothly. Please be respectful to teammates, opponents, and staff—and remember our top rule: Have fun!

In case of a cancellation due to weather, Viva Sports will notify players by email in advance

If a game is suspended due to weather or safety concerns before halftime, the game may be rescheduled if possible